

MIAA Blue book rules for Basketball

66. Basketball

Boys' and girls' high school basketball shall be played under the rules of the National Federation of State High School Associations, as modified by the MIAA.

66.1 Mouth guards are *highly recommended* for all basketball players while on the court.

66.2 The 30-second shot clock will be utilized at all levels in both boys and girls games.

66.3 The ten-second back court count does not apply to girls' games.

66.4 All varsity contests shall be played in *four, 8 minute quarters*. Sub-varsity contests also shall be played in equal *quarters* of no more than 8 minutes.

66.5 *Three 60-second and two 30-second time-outs may be charged to each team during a regulation game.* Each team is entitled to one additional *60-second* time-out during each extra period. Unused time-outs accumulate and may be used at any time.

66.6 A coaching box, as described in current National Federation rules, shall be utilized in all games.

66.7 Athlete Participation Limitations

66.7.1 A student may practice or play for their high school basketball team only once in any one day.

66.7.2 No member of a high school basketball squad shall participate in more than *four quarters* per day. (This does not include official over-time periods.)

66.7.3 On a given day a student may participate in more than one high school basketball contest only if they are at the site of the same host, one immediately follows the other, and the single contest limit is not exceeded.